# HIKE AND STAY OVERNIGHT IN AN OLD VILLAGE

A short trip that is particularly suitable for families : a splendid place on Jebel Akhdar, a true hike but on a good path, an overnight with our hosts, and hike back the next day.



IMPORTANT NOTICE	We stay overnight in an old village, only accessible by foot. Therefore, in the night, we do not have access to the cars and main luggages. You'll have to carry your personal belongings, which you need for the night, as well as sleeping bag and maybe sleeping pad. The place where we stay is really beautiful and not touristic. It's an exceptional experience, but it is very rustic. It's also possible to rent donkeys (with extra), to carry the bags.	
Level 2 - 3	A hike with about 700m height difference on good (but rocky) path. The first day is all descent and the second one is ascent.	
Duration	2 Days	
Available in	OCTOBER - NOVEMBER - DECEMBER - JANUARY - FEBRUARY - MARCH - APRIL	
Meeting point	<b>Jebel Akhdar</b> ; we'll send you the esact location through whatsapp. <b>4WD is mandatory</b> to access the starting point ; if needed, we can also organize transportation from/to Nizwa or Birkat Al Mouz.	
Equipment which you have to bring	<ul> <li>mountain boots (or at least sport shoes)</li> <li>light but decent clothes for hiking (knees and shoulders should be covered).</li> <li>comfortable and warm clothes for the evening</li> <li>Sandals for the evening</li> <li>Backpack</li> <li>sleeping bag</li> <li>headlight</li> <li>toilet paper</li> </ul>	
Food & Drinks	all inclusive (local Snacks and lunch during the hike, dinner, breakfast, drinking water)	
Possible extra services (at extra cost)	<ul> <li>Transportation to the starting point from Nizwa or Birkat Al Mouz and back.</li> <li>Donkeys to carry bags during the hike</li> </ul>	
Guide	With Ibrahim, Antoine, or another local english-guide and our hosts (who only speak arabic)	
Language	German, English, Spanish, Arabic, French	
PRICE	Group sizePrice per person1320 OMR2160 OMR3110 OMR490 OMR5 a 880 OMR	

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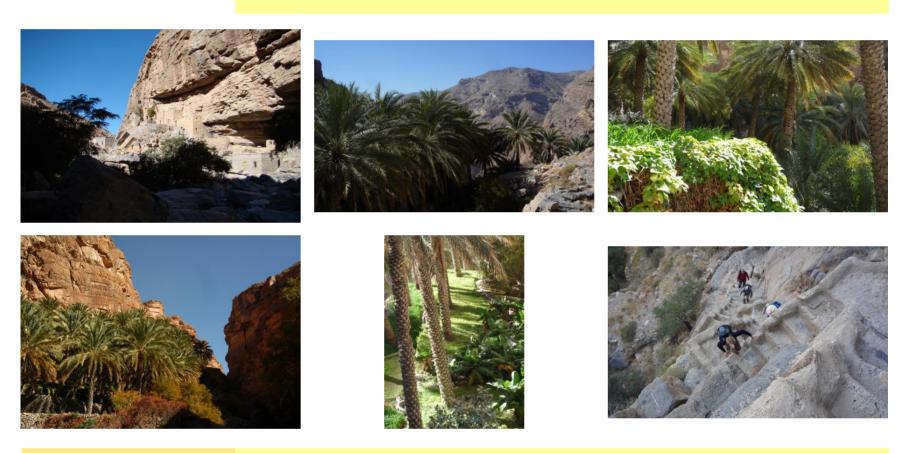
### ✓ Hike to an oasis in a canyon (4 hours)

We start from a village located at an height of 2000 m and we walk the same way as the villagers who go work in the gardens, some 700 meters down. When we get to the bottom of the valley, we first discover a village with many houses built under the cliff. A bit further down, we finally discover the gardens where grow palm, lime, banana tree, garlic, and sweet potatoes. The place is really beautiful.

- Level 2 & 3\*
- Walking time : 2 to 4 hours
- Height differrence : +100m/-700m

## **渝渝渝 Overnight in the old village**

We sleep in the old village near the oasis. We are hosted by villagers. As the village has no road access and is not inhabited fulltime anymore, comfort is rustic and we have to bring our sleeping pads and sleeping bags. According to western standards, this overnight is between bivouac and homestay. If needed, some donkeys can help us carry our things. A good evening, and a very local experience!



## **DAY 2**

Breakfast - Lunch -

#### ✓ Hike to leave the oasis (4 hours)

We come back the same way as the day before : the path is well built and we walk slowly, so, the climb, despite the elevation, is not difficult!

- Level 2 & 3\*
- Walking time : 3 to 4 hours
- Height differrence : +700m/-100m

- Lunch - Dinner

	 Difficulty level Hiking & Easy Walking
Level 1	No difficulty. Easy and short walks. Apporpriate for anyone walking occasionaly
Level 2	Easy hikes with elevation gain of less than 300 meters with no big terrain difficulty
Level 3	Hikes with an elevation gain from 300 to 800 meters. Appropriate for those who are used to walk in the mountain. The hikes mentioned Level 3 with a lesser elevation gain present terrain difficulties
Level 4	Hikes with an elevation gain from 800 to 1100 meters. For fit mountain hikers
Level 5	Long hikes with an elevation gain of more than 1000 meters and may require scrambling or easy climbing in some parts of the trail